

Torinos



TRATTORIA & COFFEE BAR

Restaurant Menu

Prices are subject to change
without prior notice

Meals may differ from the image
mock-ups used on this menu

Right of Admission Reserved

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Aspen Hills Estate

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Breakfast

Served with filter coffee or espresso

MINI BREAKFAST 40
1 Egg to order, bacon, grilled tomato & toast

ENGLISH BREAKFAST 68
2 Eggs to order, bacon, grilled tomato, grated cheese, mince & toast
(Swop mince for beef or pork sausage)

FARMHOUSE BREAKFAST 76
2 Eggs to order, bacon, grilled tomato, grated cheese, prego steak & toast

TORINOS BREAKFAST 92
2 Eggs to order, bacon, grilled tomato, grated cheese, mince, prego steak, chips & toast
(Swop mince for beef or pork sausage)

50/50 BREAKFAST 45
2 Slices of toast on our famous mushroom sauce, the other with scrambled egg

COWBOY BREAKFAST 37
Baked beans on toast

DAY BREAKER 45
2 Slices of toast one with scrambled egg and the other with savoury mince

FRENCH TOAST 40
With grated cheese
(Does not come with toast)

OMELETTES 55
Standard with cheese, tomato & ham
(Extra ingredients for omelette will be charged for respectively)



Salads

Basic: Lettuce, cherry tomatoes, cucumber & dressing

GREEK SALAD 52
Basic with feta cheese & olives

CHICKEN SALAD 56
Basic with grilled filleted chicken breast

TUNA SALAD 62
Basic with shredded tuna with green peppers, onion & olives

CAPRESE SALAD 60
Sliced tomatoes with mozzarella cheese dressed with basil pesto & rocket

BEEF SALAD 78
Basic with pan sealed beef fillet strips served with onion, green peppers, avo and parmesan shavings

CALAMARI SALAD 78
Basic with pan sealed calamari served with onion, green peppers, avo and parmesan shavings

TORINO SALAD 51
No greens here, chic peas, onion, feta & grilled c hourico

PRAWN SALAD 89
Deep fried crumbed prawns with a sweet balsamic dressing

SIDE ORDERS

CHIPS (Small) 23
CHIPS (Large) 30
VEGETABLES 25
PLAIN TOAST 19



Starters

AVO RITZ	74
GARLIC BUTTER SNAILS	42
CREAMY GARLIC SNAILS	44
CHICKEN GIBLETS	49
CREAMY GARLIC MUSSELS	49
BUTTERNUT SOUP	36
CHICKEN NOODLE SOUP	48
CALDO VERDE SOUP	39
<i>Traditional Portuguese soup with shredded cabbage, chourico, potatoes and olive oil</i>	
COURICO	47
<i>Traditional Portuguese sausage grilled and served on a bed of lettuce and mixed pickles. Served with a Portuguese roll</i>	
GRILLED CALAMARI	59
<i>Grilled calamari</i>	
CHICKEN TRINCHADO	50
<i>Strips of grilled chicken pan fried with garlic, herbs & cream</i>	
BEEF TRINCHADO	58
<i>Strips of grilled beef pan fried with garlic, herbs & cream</i>	
CHICKEN LIVERS	44
<i>Chicken livers with onion, green pepper and tomatoes sautéed with white wine</i>	
HALLOUMI CHEESE	45
<i>Goats milk cheese deep fried served with sweet chilli and a wedge of lemon</i>	
BBQ CHICKEN WINGS	56
<i>Chargrilled in our BBQ sauce</i>	
SQUID HEADS	40
<i>Deep fried served with pestonaise sauce</i>	
FOCACIA PIZZA BREAD	small large
Garlic & herb	25 28
Garlic & mozzarella cheese	34 45



Toasted Sandwiches

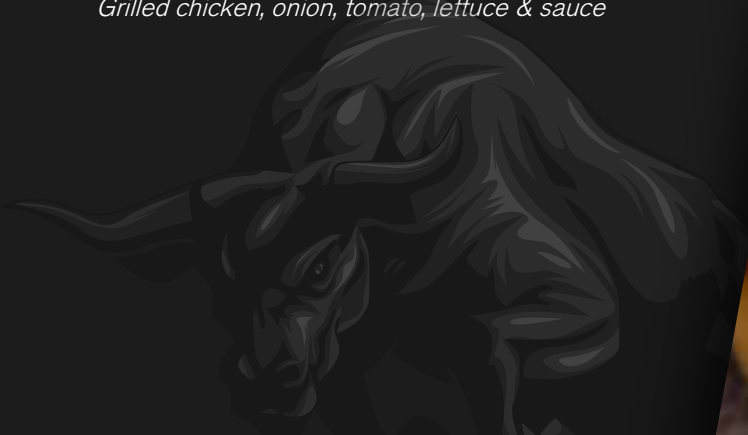
Served with a side portion of chips

CHEESE & TOMATO	35
CHEESE, HAM & TOMATO	43
BACON, CHEESE & TOMATO	45
BACON & EGG	40
CHICKEN & MAYONNAISE	44
TUNA & MAYONNAISE	44
SALAMI & MOZZARELLA	42
BACON & BANANA	41
TOASTED MINCE	44
TOASTED STEAK	45
BACON, EGG & CHEESE	46

Shawarmas

Served with chips

BEEF SHAWARMAS	65
<i>Grilled beef, salad & sauce</i>	
CHICKEN SHAWARMAS	60
<i>Grilled chicken, onion, tomato, lettuce & sauce</i>	



Burgers

150g Patty made from 100% pure beef, served with chips

BEEF BURGER	48
EGG BURGER	54
CHEESE BURGER	53
GARLIC BURGER	50
MUSHROOM BURGER	54
HAWAIIAN BURGER	53
BACON, EGG & CHEESE BURGER	69
BACON & EGG BURGER	64
DAGWOOD	82
CHICKEN BURGER	45
STEAK ROLL	46
PREGO ROLL	40
PREGO CHICKEN ROLL	38
CHILLI & CHEESE BURGER	55
PEPPER BURGER	55
BACON, AVO & FETA BURGER	79



Sea Food

All served with chips/ rice/ mash /salad or vegetables of the day

FISH	75
<i>2 pieces of grilled hake, chips & salad</i>	
Grilled prawns	169
<i>8 queen prawns</i>	
GRILLED CALAMARI	85
<i>Grilled calamari tubes</i>	
GRILLED KINGKLIP	160
<i>Grilled Kingklip</i>	
SEAFOOD PLATTER FOR 1	132
<i>1 hake fillet, 4 queen prawns, calamari tubes, rice & chips</i>	
SEAFOOD PLATTER FOR 2	430
<i>1 baby lobster, 12 queen prawns, 2 hake fillets, creamy garlic mussels, calamari tubes, rice & chips</i>	
BACALHAU ABRAZ	125
<i>Shredded cod fish with chipped potato & garlic, carefully blended together the Portuguese way</i>	
GRILLED BACALHAU	150
<i>Grilled cod fish served with green peppers, boiled potatoes, olive and drizzled with olive oil</i>	
GRILED SARDINES	65
<i>Served with green peppers, boiled potatoes, olive and drizzled with olive oil</i>	
PRAWN CURRY	125
<i>Served with rice</i>	
CRAB CURRY	85
<i>Served with rice</i>	



Grills

All served with chips/ rice/ mash /salad or vegetables of the day

CHICKEN BREAST 70

BABY CHICKEN 109

LAMB CHOPS (3 lamb chops) 130

PORK CHOPS (2 grilled pork chops) 86

T-BONE 300g 92 500g 140

RUMP STEAK 250g 105 500g 168

FILLET STEAK 250g 130 500g 187

RIBS 250g 75 500g 132 1Kg 205

ESPETADA 500g 105 500g 168

Grilled tender rump on a skewer served with fried mellie pap and salad

TORINO STEAK 250g 159 500g 244

Sundried tomato, vodka, avo & feta

JALAPEÑO STEAK 250g 150 500g 205

Stuffed with cheese and topped with a creamy Jalapeño sauce

LAMB CURRY 150

Slow cooked to perfection with our special blend of spices

COTTAGE PIE 80

SPECIALTIES

OX LIVER 69

Served with onions and mash

OX TAIL 130

Braised oxtail cooked to perfection served with rise or mash

LAMB SHANK 145

Tender lamb on the bone slow roasted to perfection, served with rise or mash

PORK FILLET 84

EISBEIN 130

Served with roast potatoes



Pasta

Pasta | choice of Spaghetti, Fettuccini or Penne

BOLOGNAISE 65

Mince, tomato & herbs

ALFREDO 70

Fresh cream, ham & mushroom

CHICKEN ALFREDO 89

Fresh cream, chicken & mushroom

VEGETARIAN 60

Spinach, feta, olives prepared in a tomato sauce

BEEF TRINCHADO 74

Our famous beef trinchado served with a pasta of your choice

CHICKEN TRINCHADO 72

Our famous chicken trinchado served with a pasta of your choice

ARRABIATTA 54

Napoletana sauce with chilli & garlic

PENNE PESTO 60

Our home made basil pesto sauce

FRUTTI DI MARE 78

Our seafood mix in a cream sauce with garlic

MEDITERRANEAN 130

Prawn, vodka & sundried tomatoes

OVERN BAKED PASTA

LASANGNE MEAT 99

Lasagne sheets, bolognaise and besciamella sauce

LASANGNE CHICKEN 82

Lasagne sheets, chicken and besciamella sauce

CANELLONI MEAT 92

Cannelloni, mincemeat and besciamella sauce



Pizza

Base of tomato, herbs & mozzarella

	<i>Small</i>	<i>Large</i>
MARGHERITA <i>Cheese & tomato</i>	39	52
VEGETARIAN <i>Onion, green peppers, olives & mushroom</i>	54	75
TROPICANA <i>Ham & pineapple</i>	52	65
FOUR SEASON <i>Ham, salami, olives & mushroom</i>	57	81
REGINA <i>Ham & mushroom</i>	52	72
MEXICANA <i>Mince, chilli, garlic, green peppers & onion</i>	58	77
GREEK <i>Feta cheese, spinach & bacon</i>	58	84
CHICKEN <i>Chicken breast & garlic</i>	56	73
CHICKEN MAYO <i>Chicken breast & mayonnaise</i>	62	83
SWEET CHICKEN <i>Chicken breast, pineapple & peppadew</i>	62	75
CHICKEN LIVER <i>Chicken livers & onion</i>	66	83
CHICKEN TIKKA <i>Strips of chicken in our secret tikka sauce</i>	66	90
BREAKFAST <i>Bacon & egg</i>	58	73

Base of tomato, herbs & mozzarella

	<i>Small</i>	<i>Large</i>
FRUTTI DI MARE <i>Seafood mix</i>	62	75
TORINOS SPECIAL <i>Shawarma meat, onions & olives</i>	68	100
BOLOGNAISE <i>Bolognaise sauce, onion & green pepper</i>	57	85
CHOURICO <i>Chourico, green pepper, onion & garlic</i>	66	90
MONTENARA <i>Bacon & mushroom</i>	59	79
ROAST BEEF <i>Roast beef, onions & peppadews</i>	59	86
PALERMO <i>Shrimps & garlic</i>	69	95
CARIBBEAN <i>Bacon & banana</i>	54	69
NAPOLITANA <i>Anchovies & olives</i>	52	67
CHICKEN TRINCHADO <i>Strips of garlic chicken pan fries with garlic, herbs & cream</i>	59	80
BEEF TRINCHADO <i>Strips of garlic beef pan fries with garlic, herbs & cream</i>	62	99
GARBAGE <i>Just about everything for the very hungry</i>	126	170

Kids Menu

100g Patty made from 100% pure beef, served with chips

BREAKFAST

Scrambled eggs, bacon & chips	34
Cocktails viennas & chips	34

PASTA

Macaroni & cheese	34
Spaghetti & bolognaise	32
Fettuccini Alfredo	35

PIZZA

MARGHERITA	30
<i>Cheese & tomato</i>	

REGINA	32
<i>Ham & mushroom</i>	

HAWAIIAN	37
<i>Cheese, tomato, ham & pineapple</i>	

KIDS MEALS

FISH FINGERS & chips	35
CHICKEN drummies & chips	43
BEEF BURGER	35
RIBS & chips	58

KIDS DESSERTS

ICE-CREAM & chocolate sauce	35
ITALIAN KISSES	35



Desserts

Served with cream, custard or ice-cream

MALVA PUDDING	46
ITALIAN KISSES	35
CHOCOLATE VOLCANO	55
CHOCOLATE BROWNIE	55
DOM PEDROS	35
<i>Kahlua, Amaretto, Jamesons</i>	

Cold Beverages

SODAS 19

Coke / Fanta / Sprite / Crème Soda / Coke Lite

ICED TEA 18

Lemon, Peach, Green Tea

APPLETISER 25

GRAPETISER 25

Red or White

ICED COFFEE 22

MILKSHAKE 18

*Horlicks/Chocolate/Strawberry/Banana/Lime/Valilla/
Bubblegum*

DOUBLE THICK 28

*Horlicks/Chocolate/Strawberry/Banana/Lime/Valilla/
Bubblegum*

FRESH JUICE 20

Orange / Breakfast punch / Cranberry / Apple

RED BULL 33

Energy drink

Hot Beverages

COFFEE 18

FILTER COFFEE 18

NESCAFE 20

CAFÉ LATTE 19

DECAF COFFEE 15

ESPRESSO 19

DOUBLE ESPRESSO 23

CAPPUCCINO 24

HOT DRINKS 24

CHOCOCINO 24

HOT CHOCOLATE 28

HORLICKS 25

MILO 24

WHITE HOT CHOCOLATE 18

TEA 18

LIPTON TEA 18

ROOIBOS 31

LIQUEUR COFFEES 18

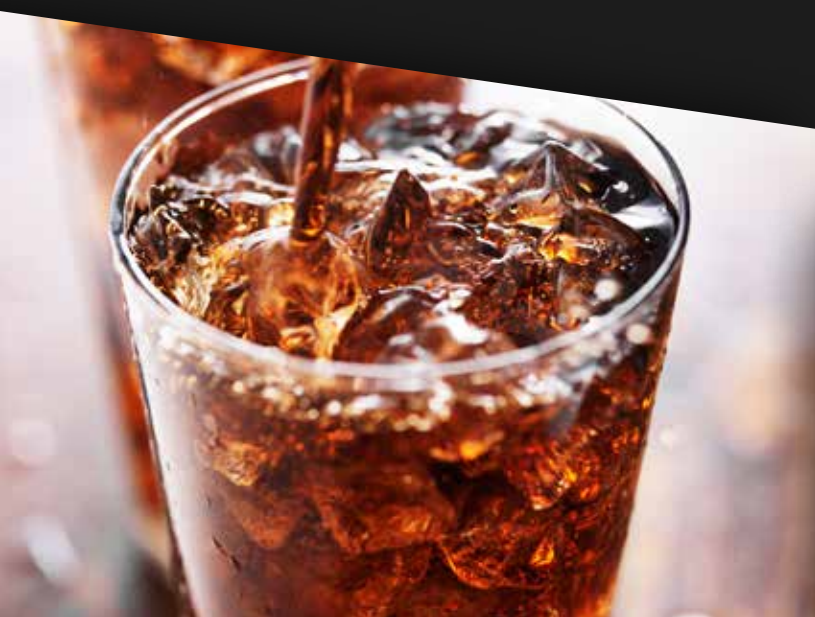
Kahlua/Amaretto / Jameson's

RED ESPRESSO 18

RED ESPRESSO 25

RED CAPPUCCINO 22

RED LATTE



Wine List

MÉTHODE CAP CLASSIQUE

Graham Beck Bliss Demi-Dec 263

SPARKLING WINE

J.C. Le Roux La Chanson 109

J.C. Le Roux Le Domaine 109

WINE BY THE GLASS

Dry White 21

Semi-Sweet 21

Rosé 21

Dry Red 24

White Wine

SAUVIGNON BLANC

Du Toitskloof 105

Bellingham Homestead 118

Franschhoek Cellar 123

Drostyhof Extra Light 65

CHENIN BLANC

Douglas Green 95

CHARDONNAY

Waterside *(Unoaked)* 108

WHITE BLENDS

Boschendal Boschen Blanc 105

the beachhouse 102

SEMI-SWEET WINE

Johannisberger Legacy 78

Boschendal Le Bouquet 109

ROSÉ & BLANC DE NOIR

Berry Bush Rosé By Bellingham 89

Boschendal Blanc De Noir 108

Red Wine

CABERNET SAUVIGNON

Brampton 156

Alto Rough 335

SHIRAZ

Bellingham Homestead 138

MERLOT

Douglas Green 112

Tall Horse 97

PINOTAGE

Barrista (Coffee Pinotage) 146

Kanonkop Kadette 200

RED BLENDS

Ribshack Red 100

Boschendal Lanoy 134

Nederburg Baronne 126

PORTUGUESE WINE

Casal Garcia 135

Mateus Rosé 120